

# Upcoming Events



**Holiday Soiree Fundraiser-Saturday, November 21, 2015 at 5pm**  
 Dinner-Live and Silent Auctions-Cash Bar-Wine and Gift Card Grab-Live Band  
 Contact the office for ticket information.



**Annual Christmas for Kids Program**  
 Seeking volunteers to assist in shopping for our kids or sponsor/donate to help one of our families this Christmas. Contact the office for details.

## How can you help?

### Toiletry Closet / Household Items We are always in need of

#### Cleaning Products

- Laundry Soap/Fabric Softener
- Windex/Bleach
- Sponges/Scratchy pads
- Dish Soap
- Furniture Polish
- Brooms/Mops/Buckets
- Toilet Bowl Cleaner/Toilet Bowl Brushes

#### Paper Products

- Paper Towels/Toilet Paper/Kleenex
- Trash Bags/Plastic Storage Bags/Aluminum Foil

#### Toiletries

- Toothbrushes/Toothpaste
- Deodorant
- Bar Soap/Body Wash
- Shampoo/Conditioner
- Diapers/Wipes/Baby powders and lotions
- Feminine Products

#### Household

- Sheets/Bedding
- Blankets
- Small Appliances
- Dishes/Drink ware/Tableware
- Pots/Pans/Cookware

#### Gas cards/Food Gift cards

## MEET OUR BOARD

Dave Reiser,  
**PRESIDENT**

Sarah Vashaw,  
**VICE PRESIDENT**

Emily Brown,  
**SECRETARY**

Ryan Miller,  
**TREASURER**

Pam Sauder

Dee Custar

Butch Woolace

Krystal Miller

Nate Johnson

## INSIDE THIS ISSUE

Newsletter July-September 2015



# SARAH'S HOUSE

Know the signs P.1

What's new with Sarah's House P.2

Friends of Sarah's House Showcase P.3

Upcoming Events P.4

Domestic  
 Violence

knows no boundaries

## Know the Signs

### Welcome

We would like to extend a huge thank you to our Friends of Sarah's House.

Our goal is to empower victims of domestic violence and crime to heal emotionally, physically, and spiritually, and it is only with your help that we are able to do so.

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 BRYAN, OHIO 43506  
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Domestic Violence is often more than just physical abuse. It encompasses sexual, emotional, economic and psychological violence. Initially, identifying the signs of an abusive relationship can be difficult, especially if the abuser uses subtle tactics to gain power and control. It is very common for survivors to recognize the beginning of the abuse as the first time the abusers hit them, but really, the cycle of violence may have started early on in the relationship. Perpetrators tend to be charming and very convincing when exerting power and control tactics. However, understanding common occurrences or patterns in an unhealthy relationship and being able to begin an informed conversation is a major step to healing and helping others to join in understanding why and how domestic violence occurs.

Common signs of an abusive relationship are if one or both partners:

- Prevents contact and communication with friends and family
- Controls money and important identification, such as driver's license and passports
- Causes embarrassment with bad names and put-downs
- Criticizes about partner's appearance and/or behavior
- Attempts to control what partner wears
- Has unrealistic expectations such as wanting the partner to be available to them at all times
- Threatens to take away or harm the children
- Acts like abuse is not a big deal, or denies it's happening
- Plays mind games to place blame on the other
- Destroys property or threatens to kill pets
- Intimidates with guns, knives, or other weapons
- Shoves, slaps, chokes, hits, or forces sexual acts
- Threatens to commit suicide

Often, it can be difficult to identify what types of abuse there are and what constitutes each type of abuse. These are some telltale signs of physical, sexual, emotional, economic and psychological abuse:

**Physical:** Any use of force that causes pain or injury, such as hitting, slapping, shoving, grabbing, pinching, biting, or hair pulling. This type of abuse also includes the use of weapons, denying a partner medical care or forcing alcohol and/or drug use upon them.

**Sexual:** Coercing or attempting to coerce any sexual contact or behavior without consent. Sexual abuse includes but is certainly not limited to marital rape, attacks on sexual parts of the body, forcing sex after physical violence has occurred, or threatening one in a sexually demeaning manner.

**Emotional:** Any pattern of behavior that causes emotional pain, such as criticism, diminishing one's abilities, name-calling, being unfaithful, or damaging one's relationship with their children. Perpetrators may also be emotionally neglectful, such as not expressing feelings or respecting the victim's feelings and opinions.

**Economic:** Making or attempting to make an individual financially dependent by maintaining total control over financial resources, withholding one's access to money, or forbidding one's attendance at school or employment. Forcing a victim to use his or her credit to rack up debt is also very common and can present problems in the future when attempting to obtain credit.

**Psychological:** Elements include causing fear by intimidation, threatening physical harm to self, partner, children or partner's family or friends, destruction of pets and property and forcing isolation from family, friends, or school and/or work.

# What's new with Sarah's House of Williams County.



From staff changes to possible program edits, Sarah's House staff and board are excited to see what 2016 brings!

"Without change there is no innovation, creativity, or incentive for improvement. Those who initiate change will have a better opportunity to manage the change that is inevitable."

-WILLIAM G. POLLARD (1911-1989), AMERICAN PHYSICIST



## Meet Julie!

Sarah's House welcomes Julie Juillard to our non-profit family. Julie will be taking on the role of secretary and advocate part-time in the office assisting Katie Cramer, Sarah's House Interim Director. Her administrative skills and her huge heart will be a big asset for the agency as well as the clients we serve.

One of the catalysts of our agency changes for the next year will be through the use of a Community Needs Assessment. For this assessment, we will be creating and distributing two surveys in the Williams County community: one specifically designed for service providers and the other for members of the community. Services providers include but are not limited to those in legal services, religious organizations, schools, county agencies, law enforcement, healthcare, and private industry personnel.

These surveys will provide us with answers to our questions regarding demographics, referrals/collaboration, awareness of our agency to those in the community, and crime rates and needs in our county.

With the help of the Ohio Domestic Violence Network, we will be able to use this data to take a closer look into the current needs of our county and make strategic plans for our agency going forward.

Another service that is in high demand and need for our community is additional transitional housing apartments for those victims needing a place of safety on a short-term basis while financially and emotionally getting the assistance they need. We have currently utilized one apartment for this program, and we are in the process of transforming another one into a transitional housing. It is with the help of our VOCA (Victims of Crime Act) grant that we are able to financially renovate and furnish this living space for client use.

The need for transitional housing assistance is increasing each year and allows clients to be able to assist themselves with startup costs for their own apartment/home after their stay. Clients heal emotionally when they are able to provide a home for themselves and their families.

## OPEN CLIENT CASELOAD

Alvordton	0
Bryan	14
Edgerton	2
Edon	2
Kunkle	0
Montpelier	5
Pioneer	1
Stryker	1
West Unity	2
Total new cases this quarter: 16	
Total families assisted this quarter: 19	
Total families relocated this quarter: 6	
Crime Categories for this quarter:	
Domestic Violence	17
Physical Assault	2
Sexual Assault	3
Stalking	1
Elder Abuse	1
Child Abuse/Neglect	2

Keep up-to-date with Sarah's House by following us on Facebook!

# A huge thank-you to our donors!

## FRIENDS of SARAH'S HOUSE SHOWCASE

July 1st-September 30<sup>th</sup>, 2015

### Categories

Diamond	\$2,000+
Platinum	\$1,500-\$1,999
Gold	\$750-\$1,499
Silver	\$250-\$749
Bronze	\$50-\$249

### Individual

Individual Anonymous-1	Diamond
Mr. Kieron & Dr. Kim Dillon	Diamond
Individual Anonymous-1	Silver
Mr. & Mrs. Richard Wright	Silver
Joan Jones	Silver
David Swanson	Silver
Dr. and Mrs. Dan Whittaker	Silver
Individual Anonymous-4	Bronze
Donna Bever	Bronze

### Business

WDFM 98.1 Christmas for Kids	Diamond
Bryan Moose	Diamond
Spangler Candy Company	Diamond
First Federal Bank	Gold
Peebles 30 Days of Giving	Silver
Sanholtz/McKarns	Silver
Bryan Eagles	Silver
Bard Manufacturing	Silver
Retired Handyman Construction	Silver
CK Technologies	Silver
Bryan Ford	Bronze
Bryan Dental Group	Bronze
Mike Bever Farming, LLC	Bronze
Thiel Construction	Bronze
Chase Brass	Bronze
Business Anonymous-1	Bronze

### Church/Civic Groups/Service Club

Club Anonymous-1	Silver
Bryan Masonic Lodge #215	Silver
F.O.E (Ladies Auxiliary)	Silver
Claire Newcomer Club	Silver
Trinity Lutheran Church (WELCA)	Silver
Club Anonymous-3	Bronze
Deckrats Coffee Club	Bronze
Bryan KIWANIS Club	Bronze
Bryan Civic League	Bronze
Stryker Rotary Club	Bronze

## Our Funding Sources consist of the following:

Grants:	21%
Private Donations:	34%
Fundraising:	26%
Rental Income:	19%